

Director Sports Performance/Head Coach Strength and
Conditioning
Tufts University

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Posted May 21, 2025, set to expire Dec. 31, 2025

Job Title	Director Sports Performance/Head Coach Strength and Conditioning
Department	Athletics
Institution	Tufts University Medford, Massachusetts
Date Posted	May 21, 2025
Application Deadline	Open until filled
Position Start Date	Available immediately
Job Categories	Director/Manager Coach
Academic Field(s)	Athletics
Job Website	https://jobs.tufts.edu/jobs/21903?lang=en-us&iis=Job+Board&iisn=AcademicKeys

Apply By Email

Job Description

Overview

Located five miles from downtown Boston, Tufts University is a Division III member of the National Collegiate Athletic Association (NCAA) and the highly-competitive New England Small College Athletic Conference (NESCAC). Tufts students participate in 30 varsity sports, 20 club sports and a number of intramural sports. Tufts Athletics has won thirteen NCAA team championships since 2010 and has finished in the top 10 of the Learfield Sports Directors' Cup in each of the last 10 years, including winning the Director's Cup in 2021-2022 as the top Division III Athletic Department in the nation. Tufts Athletics oversees the Physical Education Department and manages all athletics facilities, including the Steve Tisch Sports & Fitness Center which opened in 2012. The Department of Athletics provides student-athletes a dynamic, transformational experience on and off the field. They experience the joy of personal growth inherent in high level competition, while cultivating lifelong connections with

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teammates, the Tufts community and the world around us.

What You'll Do

The Director of Sports Performance / Head Strength & Conditioning Coach directs and broadly administers the daily operation of all fitness and sports performance related components of the Athletics Department; Supervises the strength & conditioning programming for all varsity student-athletes and teams; Oversees the operation of the Tisch Sports & Fitness Center, including the varsity weight room, Gantcher Family Convocation Center, Squash Center, Cousens Gymnasium and Carzo Cage.

Essential Function:

- Directs all aspects of a comprehensive strength & conditioning program for varsity student-athletes and intercollegiate athletic programs;
- Serves as the Head Strength & Conditioning Coach for varsity athletics at Tufts, communicating and collaborating with coaching staffs to assure all teams have appropriate sport-specific training programs;
- Supervises two full-time strength & conditioning coaches, as well as a high volume of part-time/temp employees, graduate fellows and interns for the Athletics Department; Conducts physical assessment of athletics teams, interprets assessment data, designs and implements strength and conditioning programs accordingly; Oversees the strength training, education and programming provided to teams and individual student-athletes;
- Collaborates with Sports Medicine staff to assist in educating student-athletes on injury reduction exercises and injury rehabilitation exercises;
- Provides proper nutrition education and healthy nutrition habits for all student-athletes within the scope of practice of a certified Strength and Conditioning Coach; Provides education, coaching and guidance related to health, wellness, strength and conditioning to the Tufts community (varsity student-athletes, coaches, staff, faculty and students as needed).
- Oversees the daily operations (security, maintenance, equipment) of the Steve Tisch Sports & Fitness Center, including the fitness center, varsity weight room, Gantcher Family Convocation Center, Squash Center, Cousens Gymnasium and Carzo Cage. Manages the budget, maintenance, repair, replacement and inventory for all fitness equipment; Tracks and schedules processes accordingly;

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- Manages the requests and approval process for all fitness center memberships; Coordinates with Aquatics Director on the hours, staffing and maintenance of Hamilton Pool;
- Other duties as assigned by the Director of Athletics.

What We're Looking For

Basic Requirements:

- Knowledge and experience typically acquired by a bachelor's degree in a related field.
- 3-5 Years experience in Intercollegiate athletics and administrative and coaching experience
- Working knowledge of athletics equipment, fitness center policies and protocol, strength & conditioning and aspects of exercise science
- Demonstrated qualities that contribute to a setting where teamwork is highly valued; ability to work cooperatively with staff members and supervisors
- Excellent oral and written communication skills
- Commitment to providing leadership, guidance and support to a high functioning, driven and passionate coaching staff
- Outstanding work ethic and a demonstrated willingness to work on nights and weekends
- NSCA Certified Strength and Conditioning Specialist (CSCS) required
- CSCC Strength and Conditioning Coach Certified (SCCC) required

Preferred Qualifications:

- Prior experience supervising collegiate coaches
- Prior experience overseeing and managing fitness centers and athletics facilities
- Experience as a collegiate student-athlete

Pay Range

Minimum \$64,550.00, Midpoint \$80,700.00, Maximum \$96,850.00

Salary is based on related experience, expertise, and internal equity; generally, new hires can expect pay between the minimum and midpoint of the range.

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Contact Information

Please reference Academickeys in your cover letter when
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Contact

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